The benefits in incorporating evidence-based practices (EBP) into a new curriculum can be supported by implementing and threading its concept throughout the nursing program. Instruction will begin by exploring the history and development of EBP with the students, followed by the explanation and identification of sacred cows. After presenting an EBP research article of interest to the class, the students will discuss the potential roadblocks and barriers to implementing changes. The ability to recognize weaknesses in current nursing practices will enable the student to visualize the importance of incorporating EBP into patient care. Identifying challenges to the implementation of change will allow the students to anticipate resistance and formulate plans to overcome these hurdles.

After the exploration of the EBP process, the students will complete a critique of a nurse driven research article to understand the importance of establishing the validity of literature. This critique will include identifying the strengths and weaknesses, data collection methods, limitations and implications for nursing. The students will then set-up their own EBP research project using other research articles to support their topic. The student will use the PICO format to present a question, and then the student will create a tool and anticipate the outcomes of the proposed research project.

References


