Problem: Our vision to provide world-class personalized nursing care reinforces a strong commitment to evidence-based practice (EBP). Creative approaches are necessary to assist nurses in becoming informed consumers of evidence to guide and advance their practice.

Evidence: Organizational infrastructure and multimodal approaches are known to have an impact on the integration of evidence into practice.1-3 Research studies demonstrate that educational interventions are related to changes in nurse practice at the bedside and may be related to decreasing adverse events.4-8 Alert systems and bulletins are used by nursing organizations and other healthcare disciplines to communicate critical information impacting patient care.

Strategy: A menu of health-system based communication processes was developed to increase nurses’ awareness of research and EBP and assist them in translating evidence-based practice changes to directly and positively impact patient care.

Practice Change: The Clinical Practice Alert! is a practice advisory that provides a concise directive of EBP changes that are to be implemented immediately to protect patients. The Nursing EBP News Flash is a news brief highlighting recently published clinical research and EBP findings. The EBP Questions from the Bedside is a bulletin that summarizes best practices and evidence-based guidelines that address pertinent clinical questions.

Evaluation/Results: Feedback regarding the bulletins has been positive. Nursing staff and leadership have expressed interest in continuing these bulletins as methods to transmit timely evidence-based information and cultivate our culture of EBP. Examination of audit data indicates that the Clinical Practice Alert! has been successful in communicating practice change directives and the evidence supporting the change. Research findings published in the Nursing EBP News Flash have led to policy revisions.

Recommendations/Lessons Learned: In recognition of the need for wide and varied methods of circulation, these bulletins are distributed to nursing leadership, advanced practice nurses, and nursing staff in a range of formats. To promote quick and easy identification by the nursing staff, the bulletins are each printed in a consistent and distinctive format.

Bibliography:


