Nevada Nurses' Knowledge, Attitude and Application of EBP
Mary D. Bondmass, RN, PhD
University of Nevada Las Vegas
Sheri Stucke

**Problem:** The question has been raised as to whether nurses in the United States (U.S.) are prepared for evidence-based practice (EBP). The purpose of this study was to describe Nevada nurses’ knowledge, attitude and application of EBP.

**Evidence:** Available U.S. data generally demonstrate that nurses lack the knowledge and application of EBP needed to improve healthcare outcomes. Data from one of the largest nursing studies, prior to this investigation, indicated that nurses in the U.S. are not ready for EBP.

**Strategy:** A review of the literature was performed to explore existing evidence related to U.S. nurses’ knowledge, attitude and application of EBP. Only primary research was available; no systematic reviews were found.

**Procedure:** A cross-sectional, descriptive/exploratory, self-survey design was used. A survey was developed based on the ACEStar Model© and the adaptation of a previous research utilization survey. Postal service, in-hospital hand-delivery and online survey completion strategies were used to collect data.

**Evaluation:** Descriptive statistics were used to analyze results.

**Results:** 785 usable surveys were analyzed. Respondents were 86.1% female, mean age 45.5 ±11.07 years, 45.5% BSN, 13.8% MSN, 74%, Caucasian, 59.2% staff nurses, 80.4% worked in hospital settings. Knowledge was found to be very limited related to the definition of EBP, the Cochrane Library, AHRQ, quality indicators, evidence rating schemes and clinical practice guidelines. Application of EBP was also very limited; however attitudes toward nursing and medical research were positive.

**Recommendations:** These data suggest that while Nevada nurses are positive about research, they lack knowledge and application of EBP. A major recommendation is the establishment of an intra-state EBP Academy with a curriculum based on the ACEStar Model© using EBP competencies© as outcomes. Online and in-person delivery methods for the Academy may allow for greater attendance. Funding opportunities are being explored to this end.
Bibliography


Stevens, K. R. (2005) Essential Competencies for Evidence-Based Practice in Nursing. 1st Ed. Academic Center for Evidence-Based Practice: The University of Texas Health Science Center at San Antonio.