Second Annual

2003 Summer Institute on Evidence-Based Practice

Best Practice: Improving Quality

July 10–12, 2003
Adam’s Mark Hotel
San Antonio, Texas

Academic Center for Evidence-Based Nursing
and the School of Nursing
The University of Texas
Health Science Center at San Antonio

www.acestar.uthscsa.edu
**Overview**

The Institute prepares healthcare professionals for an increasingly active role in evidence-based practice (EBP) to translate research into practice and improve patient care outcomes. With the quality of care, cost control, and patient outcomes as national concerns, providers can maximize clinical effectiveness through fuller use of scientific evidence in practice. The overall goal of this Institute is to build skills for integrating evidence-based practice for quality care.

The 2003 Institute focuses on “Best Practice: Improving Quality,” and emphasizes strategies to achieve quality in healthcare. Nurses, physicians, pharmacists, administrators, educators, and researchers will be equipped to engage in an active role in evidence-based practice and will develop strategies for taking evidence to the bedside.

During the 2 1/2-day Institute, noted EBP experts will present a coordinated curriculum. Major topics will include “crossing the quality chasm,” finding and implementing clinical practice guidelines, changing practice with evidence, and evaluating impact. Participants will explore specific clinical topics and case studies in smaller sessions to build skills in producing evidence-based improvements and increasing the healthcare team’s capacity to integrate EBP in their institution.

Throughout the conference, participants will have opportunities to interact; browse exhibits of guidelines, tool kits, and reference management software; and review poster presentations from across the nation. Opportunities are offered for participants to present their own EBP activities through selected poster and oral abstract presentations.

The Institute also includes these special opportunities:

- Presentations of best practice projects (See CALL FOR ABSTRACTS)
- Pre- and Post-Masters, Pre- and Post-Doctoral Coursework

**Objectives**

Participants will have an opportunity to:

1. Describe the impetus for using evidence to cross the quality chasm in healthcare.
2. Adopt a model that guides evidence-based practice (EBP) in one’s own clinical setting.
3. Specify elements needed to implement and evaluate agency-specific clinical practice guidelines in the clinical setting.
4. Design strategies for taking evidence to the bedside.
5. Describe EBP at various levels of the healthcare system: patient, provider, healthcare system, and organization.
6. Identify how to “make the best way the easiest way” through locating, developing, and implementing EBP clinical practice guidelines and toolkits.
7. Define emerging EBP competencies expected in your role.
8. Develop strategies for establishing an EBP team in one’s own setting.

**Who Should Attend**

The Institute is of particular interest to the following groups:

- Nurse clinicians, physicians, advanced practice nurses, and pharmacists who wish to use evidence in practice
- Researchers who represent the science of the various disciplines
- Educators who prepare advanced practice nurses, physicians, or pharmacists for implementing quality care
- Administrators and quality managers who shape healthcare services
Institute Agenda

THURSDAY July 10, 2003

7:30-8:30 On-Site Registration, Continental Breakfast
8:00-8:30 Welcome and Overview of Institute
Kathleen R. Stevens, RN, EdD, FAAN
Professor and Director
Academic Center for Evidence-Based Nursing
The University of Texas Health Science Center at San Antonio

8:30-9:00 Opening Remarks
Best Practice—Improving Quality through EBP
Steven A. Wartman, MD, PhD
Professor, Executive Vice President for Academic and Health Affairs and Dean, School of Medicine
The University of Texas Health Science Center at San Antonio

9:00-10:00 Keynote
Crossing the Quality Chasm by Taking Evidence to the Bedside
Terry Clemmer, MD
Director, Critical Care Medicine, LDS Hospital
Intermountain Health Care
Salt Lake City, Utah
Reviewer, Institute of Medicine Report: Crossing the Quality Chasm: A New Health System for the 21st Century

10:00-10:30 Exhibits and Break
10:30-11:45 Evidence-Based Practice Made Easy: The ACE Star Model
Kathleen R. Stevens, RN, EdD, FAAN
11:45-1:00 Luncheon, Poster viewing, Exhibits
1:00-2:15 Improving Clinical Care through EBP: Exemplars
Exemplars of EBP process applied to specific clinical care:
a) Ventilator-Associated Pneumonia in ICU
Lt. Col. Theresa Dremsa, RN, PhD, Director of Research, 59th Clinical Research Squadron, Wilford Hall Medical Center
Robert J. O’Connell, MD, Captain, USAF MC
Staff, Infectious Disease Wilford Hall Medical Center
Richard S. Conte, Major, USAF, NC, Flight Commander, Surgical Intensive Care Unit
Susan F. Dukes, Captain, USAF, NC, CNS, Critical Care

FRIDAY July 11, 2003

7:30-8:30 Continental Breakfast
8:30-9:30 Ecology of Evidence: Integrating Best Practice with Patients, Providers, and Systems
Robert L. Ferrer, MD, MPH
Assistant Professor
Family and Community Medicine
The University of Texas Health Science Center at San Antonio

9:30-10:00 Poster Viewing, Exhibits, & Break
Poster Viewing Summer Institute Award Recipients
10:00-11:30 Finding the Evidence—Who Can Help? Your Federal Agencies @ Your Service
Jean Slutsky, PA, MSPH
Project Officer, National Guideline and Measures Clearinghouses
Agency for Healthcare Research and Quality
11:30-12:45 Lunch
Poster Viewing, Exhibits
12:45-1:45 Finding the Evidence—Who Can Help? Your Professional Association @ Your Service
Karen Kelly-Thomas, RN, PhD, FAAN
Director, Research, Education, and Publications
The curriculum of the Summer Institute on EBP is organized around the ACE Star Model of the Cycle of Knowledge Transformation (Stevens, 2002). The model depicts relationships between various stages of knowledge, as newly-discovered research evidence is moved through several cycles and into practice. This model is easily communicated and clearly conveys the essence of evidence-based practice. It melds into a whole, established concepts and new concepts of improving care, providing a framework for systematically putting EBP processes into operation.

Configured as a simple 5-point star, the model illustrates five major stages of knowledge transformation: 1) knowledge discovery (research), 2) evidence summary, 3) translation into practice recommendations, 4) implementation into practice, and 5) evaluation. Evidence-based processes and methods vary from one point of the star to the next. The ACE Star Model places previous scientific work on research utilization within the context of EBP and serves as an organizer for examining and applying EBP.

The model is developed through the Academic Center for Evidence-Based Practice (ACE). ACE was established as a center of excellence for The University of Texas Health Science Center at San Antonio School of Nursing in January 2000. It is dedicated to bridging research into practice. The goal of ACE is to improve healthcare and patient outcomes through evidence-based practice, research, and education. This work is done through collaboration with other evidence-based practice entities at the South Texas Veterans Health System in San Antonio, specifically, the VA’s center of excellence for evidence-based practice, Veterans Evidence-based Research, Dissemination, and Implementation Center (VERDICT).

Our slogan: “...to the best of our knowledge”

We welcome collaboration: Visit our website at www.acestar.uthscsa.edu to learn more about the ACE Star Model, ACE projects, opportunities, and the ACE team.
National and internationally renowned EBP experts will guide Institute participants through the fundamentals of EBP to incorporation of strategies into their roles in patient care, research, education, and administration in their home institutions.

Speakers include:

- **Keynote Terry Clemmer**, MD, Director Critical Care Medicine, LDS Hospital, Intermountain Health Care, Salt Lake City, Utah, Reviewer, Crossing the Quality Chasm: A New Health System for the 21st Century
- **Oralia V. Bazaldua**, Pharm D, BCPS, Clinical Associate Professor, Family and Community Medicine, UTHSCSA
- **Lt. Col. Theresa Dremsa**, RN, PhD, Director of Research, 59th Clinical Research Squadron, Wilford Hall Medical Center
- **Robert L. Ferrer**, MD, Assistant Professor, Family and Community Medicine, UTHSCSA, Veterans Evidence-based Research, Dissemination, and Implementation Center (VERDICT) and AHRQ Project Investigator
- **Karlene Kerfoot**, PhD, RN, CNAA, FAAN, Senior Vice President for Nursing and Patient Care Services and Chief Nurse Executive, Clarion Health Partners, Inc
- **Karin Kirchhoff**, RN, PhD, FAAN, Rodefer Professor, University of Wisconsin School of Nursing
- **Gail Mallory**, RN, PhD, Director of Research, Oncology Nursing Society
- **Marthe Moseley**, PhD, RN, CCRN, CCNS, Clinical Nurse Specialist, Critical Care, South Texas Veterans Healthcare System, Audie L. Murphy Division
- **Jacqueline A. Pugh**, MD, Professor and Director of the Veterans Evidence-based Research, Dissemination, and Implementation Center (VERDICT), South Texas Veterans Healthcare System, Audie L. Murphy Division and UTHSCSA School of Medicine
- **Jean Slutsky**, PA, MSPH, Project Officer, National Guideline and Measures Clearinghouses Agency for Healthcare Research and Quality
- **Kathleen R. Stevens**, RN, EdD, FAAN, Professor and Director of the Academic Center for Evidence-Based Practice, UTHSCSA
- **Karen Kelly-Thomas**, RN, PhD, FAAN, Director, Research, Education and Publications, Association for Women’s Health, Obstetrics, and Neonatal Nursing, Washington, DC
- **Harold L. Timboe**, MD, MPH, Major General (Ret.) Army, Associate Vice President for Academic Affairs, UTHSCSA
- **Steven A. Wartman**, MD, PhD, Professor, Executive Vice President for Academic and Health Affairs and Dean, School of Medicine, UTHSCSA
- Additional clinical and EBP experts
Call for Abstracts

The Program Committee invites submission of abstracts for consideration. You are invited to submit abstracts consistent with the theme of the Institute, Best Practice: Improving Quality. Information on submission guidelines is included in this brochure. Also, for instructions and forms, visit the Web Site: [http://www.acestar.uthscsa.edu/institute/su03.html]; call Margie Ytuarte (210) 567-5850; or Email: ytuarte@uthscsa.edu.

Graduate Courses in EBP

Pre- and Post-Masters and Pre- and Post-Doctoral Courses in EBP

Formal graduate coursework in evidence-based practice is offered in conjunction with the 2003 EBP Summer Institute. Coursework is provided through the School of Nursing of The University of Texas Health Science Center at San Antonio. Two courses are offered sequentially: one in July and the second in Fall, 2003, totaling 6 semester credit hours. For the first course, attendance at the Institute is requisite and students pay course tuition. Course enrollment is limited and instructor permission for enrollment is required.

FIRST COURSE: July 2003: NURE. 5315-10
Applications of Research in Nursing: Best Practice—Improving Quality
NOTE: Coursework is adjunct to Summer Institute (San Antonio); attendance at the Institute is required.
Prerequisite: Graduate standing at UTHSCSA or admission as special student; instructor permission

Applications of Research in Nursing: A Study of Evidence-Based Practice (Distance)
Prerequisites: NURE 5315-10, and instructor permission
Pending funding, a limited number of fellowship stipends may be awarded to selected students.

To find out about fellowships and to learn more about these courses, email or call Dr. Kathleen Stevens at (210) 567-3135; email at stevensk@uthscsa.edu.

Future Institutes

In response to healthcare providers’ need for greater EBP skills, we have designed a five-year plan for coordinated continuing education programming via annual evidence-based practice institutes. Our Summer Institute dates for 2004, and 2005 will be announced on the web site [http://www.acestar.uthscsa.edu/].

Program Committee

★ Co-Chair - Marthe J. Moseley, PhD, RN, CCRN, CCNS, Clinical Nurse Specialist, Critical Care, South Texas Veterans Health Care System, Audie L. Murphy Division
★ Co-Chair - Kathleen R. Stevens, RN, EdD FAAN, Professor and Director of the Academic Center for Evidence-Based Practice, UTHSCSA
★ Orlalia Bazaldua, PharmD, BCPS, Clinical Associate Professor, Family and Community Medicine, UTHSCSA
★ Melinda Bender, MSN, RN, CCRN, Faculty, Baptist Health System, Institute of Health Education, School of Professional Nursing
★ Paula Clutter, MSN, RN, CS, UTHSCSA School of Nursing doctoral student
★ Lt. Col. Theresa L. Dremsa, RN, PhD, Director of Nursing Research, 59th Clinical Research Squadron, Wilford Hall Medical Center
★ Kathleen Dunenm, AN, CNM, PhD, LTC (P), Senior Staff Officer, Army Medical Dept. Center and School, Center for Health Education and Studies, Analysis Branch, Fort Sam Houston, TX
★ Robert L. Ferrer, MD, MPH, Assistant Professor, Family and Community Medicine, UTHSCSA
★ COL Carol A. Jones, Army Nurse Corps, MEd, RN, MN, ANCC, Nursing Administration, Chief Nurse, US Army Medical Command
★ LTC Debra D. Mark, RN, PhD, Nurse Researcher, Brooke Army Medical Center
★ Shirley W. Menard, RN, PhD, CPNP, FAAN, Professor, School of Nursing, UTHSCSA
★ Laura R. Munoz, RNC, MSN, NNP, Doctoral Candidate, Academic Center for Evidence-Based Practice, UTHSCSA
★ Anthia Murray, MPH, MSN, RN, Clinical Instructor, School of Nursing, UTHSCSA
★ Linda Porter, MSN, MA, RN, CNAA, LPC, NCC, Assistant Professor, Coordinator of the Flex Program, School of Nursing, UTHSCSA
★ Jacqueline A. Pugh, MD, Professor at the UTHSCSA School of Medicine and Director of VERDICT, South Texas Veterans Health Care System, Audie L. Murphy Division
★ Kathleen Reeves, MSN, RN, C, Assistant Professor/ Clinical, School of Nursing, UTHSCSA
★ LTC Della Stewart, RN, PhD, Nurse Researcher, Brooke Army Medical Center
★ Lynn Still, BSN, RN, Critical Care Educator, Methodist Healthcare System
★ Rosalie Tierney-Gumaer, RN, MPH, MSN, CPHQ, Director, Nursing Continuing Education and Clinical Instructor, School of Nursing, UTHSCSA
★ Suzanne Yarbrough, PhD, Assistant Professor, School of Nursing, UTHSCSA
Conference Hotel Information
Adam’s Mark Hotel
111 Pecan Street East
San Antonio, TX 78205
(210) 354-2800 or (800) 444-2326

Our host hotel is the Adam’s Mark Hotel, 111 Pecan Street East. Located on the River Walk at Soledad Plaza in downtown San Antonio, the hotel is within walking distance of the Alamo, Convention Center, and Hemisfair Plaza.

A special room rate of $105 single/double is guaranteed for reservations made by June 20, 2003 or until the room block is filled. Reservation requests after this date will be accepted on a space-available and rate-available basis. Make your reservation today by calling the number above. Please identify yourself as a participant in the 2003 Summer Institute on Evidence-Based Practice. Book early to assure a room at the hotel.

Special Accommodations
All facilities are accessible to persons with disabilities. Any requests for special room arrangements must be made at the time of the room booking. If you have special needs related to meals, please contact The University of Texas Health Science Center at San Antonio, School of Nursing in writing at least two weeks prior to the meeting.

FURTHER INFORMATION
For further information, contact:
Margie Ytuarte
Nursing Continuing Education
The University of Texas Health Science Center at San Antonio School of Nursing MSC 7946
7703 Floyd Curl Drive
San Antonio TX  78229-3900
Phone: (210) 567-5850
Email: ytuarte@uthscsa.edu

Registration Information
Complete the registration form in this brochure.

You can register:
1. By Fax: Fax the completed registration form with credit card order (Visa, MasterCard; or Discover) to Nursing Continuing Education,
   Fax: (210) 567-5909
2. By Mail: Send check or money order (payable to UTHSCSA-School of Nursing) with the registration form to:
   The University of Texas Health Science Center at San Antonio, Nursing CE Department
   7703 Floyd Curl Drive, Mail Code 7946
   San Antonio, TX  78229-3900

Be sure to indicate your preference for the concurrent sessions you wish to attend. This will help us provide appropriate seating during the Institute.

Registration Confirmation
Written confirmation will be sent by email (preferred), fax or mail, if your registration is received by June 25, 2003. If you are registering less than 2 weeks before the program, or if you do not receive a confirmation letter, call the Nursing Continuing Education office at The University of Texas Health Science Center at San Antonio (210) 567-5850 to check on space availability. You are responsible for ensuring that your registration has been received.

Registration Cut-Off Date
Mail registration must be postmarked no later than June 25, 2003 for registration. The cut-off date for registration is July 7, 2003. After that date, you must call to confirm space availability and receive priority for on-site registration if space is available.

Refunds, Cancellation Policy
You are encouraged to send a substitute if you are unable to attend, once registered. The cancellation must be received in writing, post marked no later than June 25, 2003. Cancellations cannot be accepted over the phone. The registration fee will be refunded, minus a $50.00 administrative fee. After June 25, 2003 there will be no refund of registration fees. The conference hosts reserve the right to substitute speakers or cancel and reschedule sessions due to any unforeseen circumstances.

We look forward to hearing from you. This promises to be an exciting institute and a great opportunity for you to share innovative ideas and network with your colleagues around issues related to Evidence-Based Practice.
July is beautiful in San Antonio and the River Walk provides a cool, shady retreat. The Adam’s Mark Hotel is on the quiet edge of the heart of downtown San Antonio. Alamo Plaza, River Center Shopping Complex and the Alamo are within a short relaxing boat ride or leisurely walk. Scheduled sightseeing tours leave daily from Alamo Plaza. Alamo Trolley offers an historic tour and an uptown tour—two great 60-minute tours. Take time to visit the Alamo, or the IMAX Theatre. Cruise down the beautiful River Walk on a barge, or take a leisurely stroll through Hemisfair Park to the Institute of Texan Cultures or explore the Guadalupe Cultural Arts Center and Mexican Cultural Institute, enjoying the splendid fountains along the way. Spend time at Market Square for a taste of old Mexico, offering a variety of food and more than 50 specialty shops. Browse La Villita, San Antonio’s oldest surviving settlement, dating from the 1750’s, to view the artists and craftsmen, shops, and restaurants. The downtown theatre district offers Concerts, Symphony, Opera, Broadway Musicals and live theater in restored historic landmarks.

Personal Comfort
For personal comfort in rooms of varying temperatures, bring a sweater or light jacket. Dress in this tourist spot is casual. Please mute cell phones and pagers during the conference.

Accreditation
This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Texas Health Science Center at San Antonio Medical School, The University of Texas Health Science Center at San Antonio School of Nursing and the Academic Center for Evidence-Based Nursing. The University of Texas Health Science Center at San Antonio Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Texas Health Science Center at San Antonio Medical School designates this educational activity for a maximum of 15.75 hours in category 1 credit toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

This activity provides up to 17.7 Nursing Contact hours. The UTHSCSA School of Nursing is approved as a provider of continuing education in nursing by the Texas Nurses Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center’s Commission on Accreditation. This activity meets Type 1 criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas.
Registration Form

2003 Summer Institute on Evidence-Based Practice

BEST PRACTICE: IMPROVING QUALITY
July 10–12, 2003

Register Early-Sessions will be closed when full

Please type or print as you wish to be listed on the participant roster. Separate registration form is required for each person

NAME:_______________________________________ CREDENTIALS:_________________________

Last 4 digits of SS#:__________________________ Email:_________________________________

ADDRESS (confidential):________________________

CITY:__________________________ STATE:___________ ZIP__________________

PHONE (Work)____________________ (Home)____________________ (Fax)_________________

AFFILIATION:_______________________________ Position Title:____________________________

Concurrent Sessions
Select one session per time period.
Thursday, July 10, 2003
1:00-2:15 pm 2:45-4:00 pm

☐ Ventilator-Associated Pneumonia in ICU
☐ Hypertension Management
☐ End of Life Care
☐ Pain Management
☐ Cancer Care

Saturday, July 12, 2003
(8:30 - 9:30 am)

☐ Keeping Evidence Organized: EndNote® Solutions
☐ Teaching EBP & Making it Fun
☐ Establishing EBP Performance Competencies
☐ Clinical Experts & Professional Association: Partners in Improving Quality Through EBP

REGISTRATION FEES

☐ Early Bird $415
   (Postmarked on or before June 2, 2003)
☐ Regular Price: $445
   (on or before June 30, 2002)
☐ After June 30/on Site: $475

METHOD OF PAYMENT (Check one)

☐ Check ☐ Money order enclosed
   (Make payable to: UTHSCSA - School of Nursing)

Account #:___________________________________
Expiration Date:______________________________

Authorizing Signature:_________________________

RETURN THIS FORM TO:

The University of Texas
Health Science Center at San Antonio
Nursing Continuing Education Department
7703 Floyd Curl Drive – MSC 7946
San Antonio, TX 78229-3900

OR

Fax reservations to: (210) 567-5909
Phone reservations cannot be accepted.

FOR MORE INFORMATION:
Contact Margie Ytuarte at (210) 567-5850 or Email: ytuate@uthscsa.edu
Call For Abstracts

THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER AT SAN ANTONIO SCHOOL OF NURSING
INVITES THE SUBMISSION OF ABSTRACTS FOR PRESENTATION AT THE
Second Annual
Summer Institute on Evidence-Based Nursing
BEST PRACTICE: IMPROVING QUALITY
San Antonio, TX • July 10-12, 2003

ABSTRACT SUBMISSION RECEIPT DEADLINE: MONDAY, FEBRUARY 3, 2003
You are invited to submit for consideration, abstracts consistent with the theme of the Institute. Topics reflective of evidence-based projects are sought. The following topics are particularly germane:

★ Benchmarking projects
★ Research utilization projects
★ Quality improvement projects implementing best practice
★ Synthesis of research evidence to guide clinical practice
★ Integration of best evidence with clinical expertise to guide practice
★ Translation of research into practice recommendations, toolkits, protocols, etc.
★ Impact of practice change on outcomes
★ Health services research

Oral and poster presentations will be competitively selected on the basis of scholarship, scientific merit, and relevance to the theme of the Institute.

GUIDELINES FOR SUBMISSION
★ Limit the abstract to 200 words (text, excluding bibliography)
★ Use the following subheadings in describing the project:
  ★ Problem: Clinical problem, need for change in practice, and significance
  ★ Evidence: Description of the evidence used to address the problem, and method used to obtain and appraise evidence (including bibliography)
  ★ Strategy: Strategy for deriving practice guidelines from the evidence
  ★ Practice Change: How the practice change was made
  ★ Evaluation: Evaluation of the impact of the change, including outcome measure, method and results
  ★ Recommendations: Lessons learned and recommendations
★ Submit three copies of the abstract (without identifiers) and one cover sheet (available from the website [http://www.acestar.uthscsa.edu/institute/su03.html]) to:

The University of Texas Health Science Center At San Antonio
Nursing Continuing Education Department
7703 Floyd Curl Drive – MSC 7946
San Antonio, TX 78229-3900

Abstracts must be received by close of business Monday, February 3, 2003

ACCEPTANCE, EXHIBITS, and PUBLICATION
Presenters will be notified of acceptance by March 28, 2003. Presenters will submit conference registration fee, less 10%, for the conference. A special event scheduled the first afternoon of the Institute will feature the Posters, with Poster Presenters in attendance. Poster exhibition will continue through following day of the Institute. Posters are to fit a corkboard 6 ft. wide and 4 ft. high. Presenters will be responsible for setting up and taking down posters at the designated times. Oral presentations will be scheduled for 20-30 minute sessions.

Accepted abstracts will be published on the Institute web site.
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Please share with a colleague