September 3, 2016
Texas Ballroom B
1:30-3:00 pm

PCOR Panel: Building a Bexar County Neonatal Abstinence Syndrome (NAS) Collaborative

Panelists: Briseida Courtois; John Isaac; Yolanda Aldana;
Moderator: Dr. Lisa Cleveland, UTHSCSA

Briseida (Bee) Courtois is a License Chemical Dependency Counselor with a Master of Science in Social Work who has over 20 years experience working in various arenas including substance abuse, women in treatment services child abuse, co-morbidity and HIV/AIDS. She currently serves as Director of Addiction Treatment Services with The Center for Health Care Services.

Dr. John Isaac is a Community Neonatologist working at Baptist Medical Center. The NICU Team at Baptist Medical Center took part in the NAS collaborative of the Vermont Oxford Network. The tools and strategies they gained from the collaborative has greatly changed their approach in caring for these babies and their families.

Ms. Yolanda Aldana is a Bexar County community stakeholder. She has 3 beautiful daughters and has been a champion in the improvement of care for mother-infant dyads impacted by neonatal abstinence syndrome.

Dr. Lisa Cleveland is a pediatric nurse practitioner and International Board Certified Lactation Consultant. She is an Assistant Professor at the University of Texas Health Science Center at San Antonio where she and her team have an active program of research focused on improving care for infants with neonatal abstinence syndrome (NAS). Dr. Cleveland's team is currently conducting research to explore the impact of kangaroo mother care (a form of mother-infant skin-to-skin holding) on stress reactivity and attachment in mother-infant dyads affected by NAS.

No handouts were provided for this session.